



How to handle Gastroenteritis?

Dear Parents and Visitors!

Your child has been admitted at our station with a contagious gastrointestinal disease. You, other patients and visitors must now be protected against the spread of infection. Please refer to the nurses' instructions and the following hygiene guidelines.

► Changing the diapers:

If you change your infant's or your baby's diapers, wear **disposable gloves and a protective gown** at all costs. After use, dispose of the gloves and the diaper into the trash and perform a hand disinfection.

If a lotion for buttocks care is needed, put on new gloves. After taking off the gloves, please perform a new hand disinfection.

Please switch the gown if you notice visible pollution.

For changing the diapers – e.g. in bed - always put a **green paper** under the buttocks of your child. This must be disposed of into the trash can after use.

Used diapers always have to be laid down on a **green paper**: Please never, not even temporarily, lay it down on the ground, bedside table, chair, etc.!

After use, please clean the changing table with surface disinfectant.

► Presenting “stool samples”:

If the nursing staff demands to evaluate the faeces of the Child, set the Diaper in a disposable kidney bowl on the trash can. Then please inform the nursing staff!

► Hand disinfection:

If you have changed your child's **diapers** or accompanied it to the **toilet**, rub your hands with a provided **hand sanitizer** for at least 2 minutes - the same applies to your child after using the toilet!

Please always disinfect the hand before **leaving the patient's room**.

► What else do you have to bear in mind?

Protection of others: As long as the gastro-intestinal disease is contagious, your child may **not leave the patient's room!** If you - or someone in your family - also suffer from a gastrointestinal illness, please report this to the nurse before you enter your child's room!

If possible, use the laundry provided by our hospital. The child's clothing must be suitable for 60° C washing. To transport the laundry home, use a disposable and sealable plastic bag. We recommend you to wash the laundry immediately after use with a detergent at at least 60° C.

The toys of your child must also be suitable for washing and disinfection!

Dishes: Hand over used dishes or water bottles directly to the nursing staff.

In order to avoid the transmission of germs, **please do not provide other patients in the room and avoid direct contact** (e.g. by returning fallen toys or pacifiers)!

If you have any questions, please don't hesitate to contact either the medical and nursing team or the nurse specialist for hospital hygiene.

The team of the Asklepios Clinic thanks you very much for your cooperation!



Gesund werden. Gesund leben.

An information of Asklepios Children's Hospital

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